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## Water sports in Canada

## **Admire the Canadian beauty**

Canada is the land of outdoor activities. With its countless lakes and rivers, there is nothing quite like canoeing, kayaking and rafting to enjoy the Canadian wilderness.

In your motorhome in Canada you can travel at your own pace. You can easily stop near a lake or river and enjoy some canoeing, kayaking or rafting. It's a different way to explore and admire the wild landscape of the many national and provincial parks.

The parks and wildlife reserves are ideal starting points for water sports and activities. The Mont Tremblant and Mauricie National Parks and the Saguenay Fjord can be explored by canoe or kayak. Rafting will guarentee some adrenalin trills. Quebec is renowned for its many fast running rivers. Race down the rapids of the Red River and the Jacques Cartier River.

For a taste of Quebec nature in all its splendor, simply sit in a canoe quietly and drift away from the shore. You can also join a long canoe expedition in the spectacular Jacques-Cartier National Park, one of the most popular Quebec destinations. Paddle along a lush valley in the shadow of the Chic-Choc Mountains in the Gaspé Peninsula.

Ontario has about 400,000 lakes and rivers. Spend a day on the water and admire the landscapes and dense forests of Algonquin Provincial Park.