

# Hiking and trail running

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With towering peaks and glistening glaciers Switzerland offers a playground for hikers and runners alike. Walk through alpine meadows, run through forests and ascend epic peaks exploring the 48 peaks over 4000m and 65 000 kilometres of trails. Phenomenal views are guaranteed in one of the most glaciated regions of the world. With your motorhome or campervan as your cosy mobile home base you can get up early, close to the trailhead and see the sun rise over the Swiss Alps.

**Trail running** opens a new perspective and experience of being **close to nature**. Feel the fresh mountain air, the soft meadow under foot, let the mountain giants bear witness to your adventure. Choose the route for your first trail run very carefully: not every hiking path is also a great trail for running. With your **motorhome** rental holiday in Switzerland you live free on your rhythm, at your pace, always with a warm comfortable bed to fall into after a living free close to the mountains.